



CAMP KAMAJI FOR GIRLS

PACKING LIST – CLOTHING AND EQUIPMENT

This list is for your guidance only. We require no uniform – necessities can be selected from articles on hand or purchased as desired. PLEASE MARK EVERYTHING that is brought to camp (including underwear and socks) with camper's first and last names (not initials). Please do not over-pack. Please keep in mind that camp is a good place to wear out old clothes.

CLOTHING/EQUIPMENT MUST BE PACKED IN 2, AND ONLY 2, DUFFEL BAGS. **PLEASE - NO roller duffels (duffels with wheels)!** Also we DO NOT accept trunks or footlockers. *Additionally, each camper needs to bring a "carry-on" sized duffel that will hold a sleeping bag, change of clothing and toiletries.*

OUTERWEAR

- ___ 10 t-shirts #
 - ___ 4 warm long sleeve shirts/sweatshirts #
 - ___ 5 pair shorts #
 - ___ 4 pair blue jeans or sweatpants
 - ___ 1 poncho/coated nylon rain jacket (essential)
 - ___ 1 warm jacket (polartec fleece is good)
 - ___ 1 white shirt for special programs
 - ___ A big smile and friendly positive attitude
- # A t-shirt, a sweatshirt and sweatpants, with Kamaji logo, can be ordered through camp.

UNDERCLOTHES

- ___ 12 pair underwear
- ___ 4-5 bras/undershirts
- ___ 12 pair socks
- ___ 2-3 swimsuits
- ___ a sense of humor
- ___ a desire for fun and adventure

NIGHTCLOTHES

- ___ 2 warm flannel PJs
- ___ 1 warm bathrobe

SHOES ★★

- ___ 2 pair tennis shoes (at least one pair can be a grungy pair)
- ___ 1 pair 'riding' shoes (do not have to be riding boots but **MUST** be close-toed/-heeled shoes/boots with a heel that can grip riding stirrup)
- ___ 1 pair Teva's (for waterfront)
- ___ 1 pair "flip-flops" (for swimming/showers)

LINENS

- ___ 3 warm blankets
- ___ **2 sets** cot- or twin-sized sheets (30" - 36" wide)
- ___ 2 pillow cases
- ___ 3 bath towels (pack old family towels!!)
- ___ 2 beach towels
- ___ 2 face/wash cloths
- ___ 1 large laundry bag (with drawstring)
- ___ 1 pillow
- ___ stuffed animal for bed (optional)

TOILET ARTICLES

- ___ toothbrush, toothbrush case & toothpaste
- ___ soap & soap container
- ___ nail clippers
- ___ shampoo (essential); hair conditioner (optional)
- ___ hairbrush
- ___ sunscreen – 30 SPF (necessity)
- ___ deodorant/antiperspirant
- ___ insect repellent (necessity) - recommend it contain 30% Deet
- ___ After Bite (for mosquito bites)
- ___ sanitary napkins/tampons (plastic applicators not allowed)
- ___ shaving toiletries
- ___ beach/ice cream pail/shower caddy with handle (to carry toiletries to & from washhouse)
- ___ 2 pair contact lens/eyeglasses (if your daughter wears contact lens, she still needs to bring a pair of prescription glasses in case of "pink eye"/eye infection or loss of contacts)
- ___ eyeglass "Croakies" (strap that holds glasses on) for waterfront activities
- ___ medications (in original container and with camper's name and dosage instructions) – if not mailed to camp previously, please place all medications including vitamins and Camper Medication Chart in a large Ziplock bag and pack in carry-on duffel
- ___ water bottle (for in-camp use for hydration and for canoe trips)

CAMPING EQUIPMENT

- ___ sleeping bag (inexpensive sleeping bag with stuff sack is recommended)
- ___ *good* quality flashlight/headlamp & extra batteries (essential)
- ___ old baseball cap/hat/visor for sun protection
- ___ water bottle (for canoe trips and in-camp use for hydration)

OPTIONAL ARTICLES

- ___ "Crazy Creek" Chair (also known as a ThermaRest)
- ___ books, games, costumes, tribe colored "stuff"
- ___ *inexpensive* camera (with **real** AA, not rechargeable, batteries!!)
- ___ tennis racket
- ___ swim goggles
- ___ posters, family pictures, etc. to decorate cabin
- ___ 2 sturdy plastic boxes with lids – no bigger than shoe box size – to hold: stationery, stamps, envelopes (please pre-address and stamp for younger campers), address book, pens, Kleenex, chapstick, scotch tape, etc.
- ___ embroidery floss for making friendship bracelets
- ___ fun, wacky, dress-up costumes

★★ Proper footwear is essential at camp. The camp terrain is uneven so any type of open-foot, open-toed and/or open-heeled shoe (i.e. Birkenstock) is inappropriate. Please do not send Crocs – campers who wore these the past three summers unintentionally subjected their feet to a number of nasty cuts and blisters when pine needles, bits of bark, etc. from mulch along Kamaji's paths got lodged in the holes of the crocs. **FLIP-FLOPS ARE ONLY WORN AT THE WATERFRONT AND TO WASHHOUSE. LACE-UP LEATHER SHOES WITH APPROXIMATELY 1" INCH HEELS ARE NEEDED FOR HORSEBACK RIDING SO THAT THE HEEL CAN "GRIP" THE STIRRUP; IT IS NOT NECESSARY TO SEND RIDING BOOTS. CLOSE-TOED AND -HEELED SHOES (I.E. TENNIS SHOES- AGAIN NOT "BIRKENSTOCKS" OR CROCS) MUST BE WORN AT ALL OTHER TIMES. REMEMBER: IMPROPER FOOTWEAR CAN LEAD TO INJURY.**